



Reishi Spores

**ENERGY, STRENGTH, AND
IMMUNE SUPPORT DURING
RADIATION AND
CHEMOTHERAPY**



**All New Roots Herbal Products Are Tested
in Our ISO 17025–Accredited Laboratory**

Reishi Spores



Reishi ranks among the most sought-after medicinal mushrooms for energy, immunity, and stress resistance. Not to be confused with powders, the botanically distinct reishi spores are among the most precious of all substances produced by this “king of mushrooms.” Clinical research has validated reishi spores for adjunctive therapeutic use during radiation and chemotherapy treatment.

Spores, which are the fungal kingdom’s version of seeds, not only contain a unique and rich mosaic of bioactive substances—including polysaccharides—but are also proven to be more bioactive than the rest of the fungus. Along with their positive effect on immune function, they are useful for managing the symptoms of fatigue and weakness typical of harsh systemic radiation and chemotherapy.

Spores are dispersed in the gills under the mushroom cap, which makes them more difficult to access and harvest compared to the mushroom itself (fruiting body). This accounts for them being less plentiful as a nutraceutical.

Hot-water extraction, which is crucial for accessing the medicinal benefits of the fruiting body, is not necessary for spores, as there is considerably less of the rigid compound called chitin in their cell walls. Instead, New Roots Herbal’s Reishi Spores undergo a gentle milling process which yields broken cell spores. This maximizes the accessibility of their therapeutic compounds and allows for easy absorption by our body. Each non-GMO plant-sourced capsule contains 350 mg of broken cell-wall spores.

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Each vegetable capsule contains:

Reishi (*Ganoderma lucidum*) spores (broken sporoderm) 350 mg

Other ingredients: Vegetable magnesium stearate and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water.

#2696 · 60 vegetable capsules

V0724-R1 · NPN 80108206

Directions of use:

Adults: Take 1 capsule four times daily or as directed by your health-care practitioner. To avoid digestive upset, take with food/meal.

Duration of use:

Consult a health-care practitioner for prolonged use. **Symptom management:** Use for a minimum of 4 weeks to see beneficial effects.

Manufactured under strict GMP (Good Manufacturing Practices).

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